

EYFS Knowledge Progression at Crakehall CofE Primary School

| Our School Vision | | Growing Together to: build strength through resilience, value myself and others and understand our world. | | | | | |
|--|---|--|---|--|--|--|--|
| | | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| <p style="font-size: 24px; margin: 0;">Physical Development</p> <p style="font-size: 18px; margin: 5px 0 0 0;">Vision Links</p> <p style="color: red; font-size: 16px; margin: 5px 0 0 0;">Resilience: When we find things difficult, we keep trying over a sustained period of time until we have built our strength up.</p> |  <p style="font-size: 24px; margin: 0;">Foundation Stage</p> | <p>Develop the skills needed to manage lining up and queuing</p> <p>Use their core muscle strength to achieve a good posture when sitting at a table or sitting on the floor</p> <p>Walk using different body parts, in different directions with different levels and at different speeds</p> <p>Walk following a route and listening to instructions</p> <p>Run as fast as I can</p> <p>Take part in running/ jumping games</p> <p>Explore specific movements such as creeping, tiptoeing and hiding</p> | <p>Dribble a ball using my hands</p> <p>When throwing, use underarm when aiming and overarm for distance</p> <p>Work with a partner to control a ball</p> <p>Move a ball with control</p> <p>Hit a ball with a racket/ bat</p> <p>Throw and catch objects in different ways</p> <p>Use simple tools to effect changes to materials</p> <p>Use a pencil effectively to form recognisable letters</p> | <p>Use good gymnastics technique (working silently, pointing fingers and toes and be still when making shapes)</p> <p>Explore high, low, over and under</p> <p>Explore using apparatus</p> | <p>Listen to other ideas</p> <p>Choose the best movements to show my ideas</p> <p>Respond to words and music using my body and/or props</p> <p>Perform simple dance moves</p> <p>Move my body in a variety of ways</p> <p>Combine different movements with ease and fluency</p> <p>Small motor skills allow for a range of tools (including scissors, cutlery and pencils) to be used confidently and competently.</p> | <p>Dribble a ball using my feet</p> <p>Move my feet to help catch, kick, hit or throw a ball</p> <p>Move a ball with control</p> | <p>Follow simple rules and take part in games</p> <p>Follow the rules of a game</p> <p>Take turns and share in PE lessons</p> <p>Apply my understanding of walking into a game situation</p> <p>Develop the foundations of a handwriting style which is fast, accurate and efficient</p> |

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| | | <p>Apply basic jumping technique</p> <p>Travel with control and coordination and copy and repeat basic sequences</p> <p>Jump in different directions and with different speeds, for distance and height</p> <p>Explore hopping in different directions, speeds and levels</p> <p>Begin to develop small motor skills so that a range of tools (including pencils and cutlery) are used safely.</p> | | | | |
| ELGs | <p><u>Gross Motor Skills</u> Negotiate space and obstacles safely, with consideration for themselves and others Demonstrate strength, balance and coordination when playing Move energetically, such as running, jumping, dancing, hopping, skipping and climbing</p> <p><u>Fine Motor Skills</u> Hold a pencil effectively in preparation for fluent writing – using the trip grip in almost all cases Use a range of small tools, including scissors, paint brushes and cutlery Begin to show accuracy and care when drawing</p> | | | | | |